





MY LIVED 4 EXPERIENCE

I have had a nursery manager tell me that 'none of our other same sex parents had an issue with our application form' when I requested a few sentences be reworded to be inclusive of single parents, same sex parents, children in care and under special guardianship orders.

People can ask very personal questions without realising they would not do the same of a heterosexual individual.

What do I want people to know?

Role models and visibility are extremely important to reduce the risk of internalised prejudice.

Being an LGBTQ+ individual has ultimately made me a stronger, more resilient, more empathetic person, however it can add an extra emotional and cognitive load.





Relevant data collection, analysis and report publication of staff and patient demographics and experiences for the prosthetic and orthotic community though the lens of EDI. Decolonising healthcare with specific, joined up strategies within the NHS and the Prosthetic and Orthotic community.

