



EQUALITY DIVERSITY INCLUSION



MY LIVED EXPERIENCE

I have a rare genetic disorder, the result of this is people repeatedly assuming I am not disabled when my symptoms are not as visible – my diagnosis does not change because I am having a good day with my symptoms.

The poor handling of my physical health issues directly constituted a good portion of my struggle with mental health.

What do I want people to know?

If someone appears to be slower or have a more difficult time understanding things, consider if this person could have a genuine cause for this in terms of disability, rather than assume they are lazy, not interested etc.

What does good look like for the future?

Creating environments which are welcoming to all, a clinic room which would appeal to and accommodate neurodiverse patients would not put neurotypical patients at a disadvantage or risk.

