

A PRECEPTORSHIP CASE STUDY

PRECEPTORSHIP: smoothing the transition for a new graduate



Iona McDonald is a recently qualified orthotist and preceptee at Greater Glasgow and Clyde NHS Trust. In this mini case study, she reflects on her experiences of preceptorship and how it is helping her to settle into her first role as an HCPC registrant, how she feels about that, and what she values most about it.

The preceptorship programme is allowing me to transition into my new role as an orthotist within a supported environment. It's offered me guidance in a number of different ways, such as increased clinical and IT support, and reduced clinical load while I'm continuing to develop. I've been able to enrol in the [Flying Start](#) programme* and use the [Turas platform](#) to document my progress and development.

The preceptorship programme has really reassured me as I settle into my new role. I know that I have supportive colleagues around me who are happy to offer support and guidance when I require it. Coming into this role, I didn't expect to have the level of support and care that I've received and it's definitely really helped me feel more comfortable and confident as I progress.

When I initially started my preceptorship, I had a period of shadowing other orthotists to allow me to observe clinics and introduce myself to the computer

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systems and how clinics work here. This was followed by a period of having clinical support while I was doing clinics, so there was always someone on hand to answer any queries I had or support me whenever I needed it. I've now progressed to having a reduced clinical timetable to allow me to develop with my clinical skills, but still have that extra time to focus on computer systems and plan my clinics ahead, as well as for ongoing CDP.

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* Also see the [Step to Work](#) programme developed by NHS England