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What advice would you give to prepare pre-registration P&O learners to help them prepare for their first experience in a clinical environment

Don't be afraid to ask questions. Being honest about your knowledge and skills will enhance your experience. All qualified prosthetist/orthotists were once in your position and will understand that a huge part of the learning process is finding areas of knowledge or skill that need improving.

What advice could you give pre-registration P&O learners on receiving feedback?

Feedback can sometimes be hard to hear but you have to remember that it is constructive and will benefit you going forwards. Educators are there to help you succeed and to do that they must be transparent with areas in need of improvement. Remember that feedback goes both ways. If you feel that the educator is teaching in a way that doesn't suit you then let them know, an individual will teach how they like to learn and that might not be the best way for everyone so please be proactive in explaining what learning techniques best fit you.

What are your top tips for pre-registration P&O learners that would help them stand out on placement?

Be proactive. Someone that is engaged in the team and utilises down time to ask questions or look into stock items etc will always be remembered.

What advice would you give to pre-registration P&O learners who may be feeling anxious about being in a clinical environment?

Ask yourself what is the worse that can happen? Patients are just regular humans if you stumble they don't bite!