



## Focuson

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I have worked in advanced practice in the NHS and have been involved in treating professional athletes and para-athletes for over 20 years.

My first involvement with Paralympians was in the build up to Athens 2004.

I have worked with para-equestrian riders and para-athletes in track and field treating them with custom lower limb orthoses (splints) and custom insoles to treat injuries and assist them with functional stability during their chosen sports.

Prosthetics and orthotics for some para-athletes, are vital in assisting them to be competitive or even participate in sports. Our role as Prosthetists and Orthotists in treating athletes is to individually find solutions for their physical needs to assist them in achieving their goals.

I became a Prosthetist/Orthotist because I wanted to help people.

Assisting any patient to achieve their goals, be more independent or function without pain is an amazing feeling. The best part of the job however is meeting amazing people who achieve incredible things. Para-athletes are super human.



Could YOU be a Prosthetist/ Orthotist?

