

Inspired by the
PARALYMPICS?



Focus on

Lauren McAllister

Former Development Manager at CPISRA
(now WorldAbility Sports)



“ I was initially attracted to Orthotics as it was the perfect mix of health and engineering.

My career took me from England to New Zealand. I love sports and while in New Zealand I was a guide runner for blind athletes.

I went on to work for the Cerebral Palsy International Sports and Recreation Association. The goal is to promote grassroots sports in the cerebral palsy community, as well as provide a pathway in to the Paralympics for elite athletes.

I helped organise the CPISRA World Games, I worked on projects developing 'new' adaptive sports such as Frame Running, I participated in research projects and ran recreational camps for individuals and families to push the boundaries of their own expectations of their abilities.

My career has enabled me to present to groups in Denmark, Morocco, India, and Italy

I love to see individuals challenge their own expectations and push the boundaries of what they think is possible. Sport is such an important tool for mental and physical wellbeing, and helping promote opportunity and access to sport is extremely rewarding.

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Could **YOU** be a
**Prosthetist/
Orthotist?**



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